ARTIFICIAL INTELLIGENCE
AN INTRODUCTION FOR PARENTS

METHODIST LADIES' COLLEGE

Artificial Intelligence (AI) has the potential to enhance our lives in a vast number of ways, but the rapid rise of tools such as ChatGPT has left many parents unsure about the impact these technologies may have on their children, both now and in the future.

Below are some simple strategies to help your daughter to engage with AI effectively and safely, and to empower them as learners and as innovators.

Be a Co-Pilot On Her AI Journey

Sit with your daughter and let them be the expert. Ask them to explain and show you how and why they use or (want to use) AI. Ask questions which allows them to address your concerns without confrontation.

Balance Moral Panic With Moral Optimism

Write down what concerns you and your daughter about artificial intelligence. Next make a list of how AI might improve your child's future world, work, and wellbeing. If you don't know, go to Google or Youtube to find examples.

Engage in Play With A Purpose

Is there a task you wish someone else would do for you? AI could write a personalised bed time story or create a meal plan based on the ingredients in your fridge. Try anything; you don't have to use the response if you don't like it!

BeClear, Consistent, Transparent

Set agreed rules about how, when, and why your child can use AI. Ensure your child has a voice in this discussion. Write down the agreed rules and consequences and have everyone sign them. Set a date to review these boundaries.

Go Meta To Get Better!

Who better to ask about how to use your AI than the AI? Treat it as a personal tutor or assistant who can provide you with ideas about how it can be used, advice about safety, how to improve your prompts - anything!

Connect and Collaborate

Ask about your school's approach to AI and learning. Mirror this where you can to build a consistent message for your child. Share prompts and ideas with friends, or look for related communities on social media.

Purposeful Prompts

A **prompt** is simply what you type into the AI to describe what you want it to produce. What makes tools like ChatGPT so easy to use it that you can write your prompts in natural language, e.g the way you might speak in a friendly conversation. You do not need any special technical skills to use these tools! Try including the elements below in your prompts.

Output	Audience	Inclusions	Omissions	Voice
Do you want a report, a table, or a Python program?	How old are they? Do they have any accessibility needs?	Do you need a bibliography? Measurements?	Do you want to avoid any topics, examples or words?	Who should the AI 'be'? A scientist? A fictional character?

Try out the sample prompts below, adjusting them to suit your needs.

Create a tutor who will tailor their advice and examples to child's interests

As a patient and encouraging tutor, use the Socratic method to guide a 10 year old to the answer for any questions they enter. The user is 9 years old and loves bears, science fiction, and surfing.

Create a quiz to check your child's understanding of any topic, explaining any errors they might make.

As a Year 8 Biology teacher, create a 10 question quiz on classifying animals. Ask the first question only and do not show the answer. Wait for the user to answer, then reveal the correct answer. Ask if they are ready before proceeding to the next question. Provide a score at the end.